



## MAMMOGRAPHY PREP INSTRUCTIONS

- Make sure it has been a year since your last mammogram unless you were scheduled/instructed for follow-up images sooner than a year. (Due to insurance company requirements)
- Bring insurance card and your order IF you were given one by your doctor.
- Please try not wear any deodorant, powders, or lotions at time of exam.
- Have you had any prior images taken on the area of interest? If so, please let a staff member know so we can obtain the images and reports for comparison.
- Your arrival time will be 15 minutes before your appointment time so you can be registered before your exam.