



PET/CT PREP INSTRUCTIONS

- Are you a diabetic? If so, please do not eat or drink anything (except water) beginning 4 hours before your exam. If you are NOT a diabetic, please do not eat or drink anything (except water) 6 hours before your exam.
- Your exam will require us to start an IV. Drinking an enormous amount of WATER will open your vein walls to give the tech a better target, potentially reducing the number of needle sticks.
- Please limit the amount of caffeine and sugar on the day of your exam.
- Medications can be taken as normal with water only.
- Bring insurance card and your order IF you were given one by your doctor.
- Please bring a list of your current medications with you.
- Wear comfortable clothing without metal if possible.
- Your exam will take approximately 2 hours. You will arrive 1 and ½ hours prior to your appointment time. Your injection will take place 1 hour prior to your appointment time.
- Have you had any prior images taken on the area of interest? If so, please let a staff member know so we can obtain the images and reports for comparison.