



## ULTRASOUND PREP INSTRUCTIONS

- If you are having an ultrasound of any of the following: GALLBLADDER / ABDOMEN / AORTA / LIVER / PANCREAS / SPLEEN / RENAL, Please do not eat or drink 8 hours prior to exam.
- If you are having an ultrasounds of the PELVIS or a PREGNANCY ultraound, please drink 32 ounces of water, 1 hour before exam. \*YOUR BLADDER MUST BE FULL FOR EXAM\* Please drink water only - no carbonated beverages. If you are more than 20 weeks pregnant, there is no prep for your ultraound.
- If you are having an ultrasound of any Extremity, Thyroid, Breast, Testicles, or Carotid there is NO PREP.
- Bring insurance card and your order IF you were given one by your doctor.
- The procedure will take approximately 30-60 minutes per exam.
- Have you had any prior images taken on the area of interest? If so, please let a staff member know so we can obtain the images and reports for comparison.
- Your arrival time will be 15 minutes before your appointment time so you can be registered before your exam.